

THE STAR



MORNING STAR FIRST BAPTIST CHURCH

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"THE CHURCH WHERE EVERYBODY IS SOMEBODY AND JESUS IS LORD"

March 10, 2019

The Hickory Branch NAACP will be having their meeting on Sunday, March 10th, at Hartzell Memorial United Methodist Church at 3:00 p.m. A representative from Catawba County Health Department will be present to hear about health concerns in the Ridgeview community and throughout Catawba County.

Monday, March 11th, the Mass Choir will be rehearsing at 7:00 p.m.

Needed: Tutors for the Reach Back Tutorial Program!!! We meet every Tuesday and Thursday from 5:30—7:00 p.m. There is a great need for tutors to help with Reading, Math and Spelling on the elementary level. Don't allow our children to continue to fall behind.

Tuesday, March 12th—Nat King Cole Trivia Game, Ridgeview Recreation Center, at 5:00 p.m.—Nat King Cole was one of the world's most prolific singers. How much do you really know about him? Learn more or teach us something we may not know when we play "Cole Trivia".

Design your own t-shirt with crayons: Wednesday, March 13th, at 4:00 p.m. at Brown Penn Recreation Center—Come and see and enjoy the crafts of crayons on fabric. Event for youths 15 and under.

Thursday, March 14th, at 5:00 p.m., Ridgeview Recreation Center—Irish Checkers—Ever play Irish Checkers? If not, here's your chance. It's a great game and you can walk away knowing you learned something fun!

Ridgeview Recreation Center's Golden Programs—Beginner Pickleball: Come out and play Pickleball on Tuesday and Thursday starting at 10:30 a.m. Free program for ages 50 and better. Don't worry, we are beginners just looking for some fun and exercise!



MARCH 2019

Hickory Parks and Recreation Department

Ridgeview's Golden Guide

alzheimer's association

Know the 10 Signs-Tuesday, March 5 at 12:00 pm

Come get to know the 10 signs of Alzheimer's disease with a presentation from Alzheimer's Association. This is a free education program for adults ages 50 and up. All materials will be provided.



Checkmate-Thursday, March 7 at 12:00 pm

Are you thinking before your next move? Join instructor Eugene Brown at Ridgeview Recreation Center for beginner level chess on Thursday, March 7 at 12:00 pm. Participants will learn the set-up, rules, names of chess pieces and their moves. All game boards and pieces will be provided. Free for adults ages 50 and up. Exercise your mind!

Lucky Leprechaun Hat Craft-Tuesday, March 12 at 12:00 pm

We can all use a little luck. The Lucky Leprechaun Hat Craft is a perfect way to create that luck. You can share or collect your luck when you make this craft. All materials are supplied. Bring friends or family. This experience is open to the public and free for all 50 and better. Meet us at Ridgeview Recreation Center, Tuesday, March 12 at 12:00 pm.



Balancing Act-Thursday, March 14 at 12:00 pm

Learn different balance exercises in a fun atmosphere at Ridgeview Recreation Center! Practicing a few gentle exercises daily can help enhance strength, balance and coordination while decreasing the risk of falling. Walk the tight rope on Thursday, March 14 at 12:00 pm. All equipment will be provided. Free program for adults 50 and up.

Bowling @ Pin Station-Thursday, March 21 at 12:00 pm

Are you ready? Its cold outdoors but we plan to warm your muscles up on Thursday, March 21 at 12:00 pm for a trip to Pin Station in Newton, NC. Bowling is fun and competitive but offers numerous health benefits. The cost per game is \$2.95 and shoes an additional \$2.00. Please sign up with Andrea Nixon, Senior Recreation Programmer, no later than Tuesday, March 19. The van(s) will depart Ridgeview Recreation Center at 11:45



Southpoint Mall, Durham, NC

Tuesday, March 12

Registration begins Monday, February 25

Please register in person at Westmont Senior Center or Ridgeview Recreation Center.

Cost \$4.00 —Departs at 8:15 am from Westmont Senior Center and Ridgeview Recreation Center.

Ages 50 and better! First come, first serve. After day of in person registration, you may call (828) 324-1200 or (828) 324-8007 to check space availability. Vans will stop for breakfast on the way to the destination.



Life. Well Crafted.

For more information please contact:
Andrea Nixon, Senior Recreation Programmer
Ridgeview Recreation Center
115 7th Avenue SW Hickory, NC 28602
Phone: (828) 324-8007 Fax: (828) 323-1042
Email: anixon@hickorync.gov www.hickorync.gov

RELAY FOR LIFE 2019

- **Team Captain:** Brandy D. Mitchell
- **Team Name:** CVMC Pharmacy
- **Theme:** Bon Voyage to Cancer
- **Date and Place:** May 31, 2019 6pm until June 1, 2019 6am at the American Legion Fairgrounds. There will be a sunrise service before departing. Catawba Valley Medical Center will have a huge tent set up in the back of the fairgrounds by the baseball field and they have hamburgers, hot dogs, BBQ, chips, cookies, and drinks. You just give a donation for these items.
- **Once again:** Catawba County and Caldwell County are teaming up together to make this one huge relay this year! Relay group name is Relay for Life of Catawba Valley
- **Last day to register for walk:** May 13, 2019 for paper registration
May 25, 2019 for online registration (must register online at www.relayforlife.org) and to register under my team, look for **CVMC Pharmacy**
- **Deadline to buy luminaries online:** May 25, 2019 (\$10 for white bag and \$20 for gold bag) (I also have a sign-up sheet if you want to give me a check made out to American Cancer Society)
- I will be holding 2 mini malls at Catawba Valley Medical Center (yes they are open to the public); February 15 from 8am-4pm in the Lower Level Conference Room and May 13 from 8am-4pm in the AHEC 112 room. Various vendors to be present.
- The Oncology department at the hospital always does a Crowns for Hope Pageant to raise money. It will be on Saturday, May 18 beginning at 11am in AHEC 112. It is a cute and simple pageant (no talent to be done) and everyone gets a t-shirt, trophy, sash, and crown. If you would like your child to participate, please let me know and I can get you the information. The big trophy goes to the child who raises the most money.
- T-Shirts for sale. I have the fliers and sample shirts. \$15 for short sleeved and \$20 for long-sleeved (extra \$2 for 2x and extra \$3 for 3x and 4x). Make check out to Brandy Mitchell (I'll take cash too). Last day that I will take orders will be May 17, 2019. There is a 10 business day turn around to get order back.
- If writing a check for your own donation to my team, make check payable to **The American Cancer Society**
- Any questions, please contact Brandy Mitchell at 828-638-5488 or if you see me, just stop me. My email address is brandydmitchell@yahoo.com (I always tell people to make sure it's first name, middle initial, last name because I don't receive emails from you if you just do first name last name)

PRAYER LIST

**“A righteous man may have many troubles, but the Lord delivers him from them all.”
Psalms 34:19 (NIV)**

Jessie Anderson
Jessie Anthony
Denise Beatty
Jerome Beatty
Richard Beatty
Twanna L. Bowens
Albertina Brown
Vinnie Brown
Allen Campbell III
Nicole Canter
Antrice Carson
Audrey Carson
Gregory Carson
Keon Carson
Mary Connor
Charles Derr
Coleen Derr
Sage Marie Derr
Zachery Derr
William Dillingham
James Earl
Flore Edwards
Ida Ellis
Dorothea Ellison
Genia Farrer
Kasha Ferguson
Pedro Ferreira
Gracie Finger
Gregory Foote
Carla Foster
Akeem Fuller
Kameron Gay
Florida Gibbs
John Graves
Paul Greene
Jase Griggs
Randy Griggs
Connie Harris

Johnny Harris
Iola Harshaw
A. C. Haynes
Ruben Haynes
Carolyn Hector
Tonya Herning
Betty Hewitt
Kaylan Hoyle
Charles Hughes
Arlea Hunter
Ruby Hunter
Jon Hurst
Katina E. Izard
Gail James
Deborah Jesse
Esther Jett
Calvin Johnson
Clara Johnson
Keon Johnson
Omelia Johnson
Pamela D. Johnson
Sarah Johnson
Eric Kee
Henrietta Kennedy
Benny James Lavan
Bernard Lavan
Diane Lavan
Tommy L. Lewis
Benjamin Lytle
Madge N. Lytle
Raquel Lytle
Anthony Makenson
Joan Makenson
Eugene McCorkle (Mate)
Florence McCorkle
Timothy McCoy
Nadine McKnight

Shirley Page
Willie Mae Patterson
Phillip Payne
Betty Pope
William Powell
Charles Ramseur
Donald Ramseur (Atlanta)
Linda Ramseur
Savannah Ramseur
Frank Roberts
Geraldine Robinson
Perry Robinson
Elizabeth Rodriguez
Eloise Rose
Sherri Shade Saddler
Irene Scott
Patsy "JoAnn" Setzer
John Shade
Betty Sherrill
Carrie Shuford
Lela Mae Smith
Ashley Smoot
Tammy St. Louis
James Stover
Joyce Streeter
Bryant Swayne
Peggy Turner
Gary Ussery
Reco Weaver
Sheila Wells
Gary Wilfong
James Wilfong
John Wilson
Thomas Wilson
Carolyn Wimbush
Janay Woodard
Walter Young

Please call us with any new requests or if you know of someone who needs to be taken off, please let us know.

PRAYER LINE

**If you would like prayer, call Rev. Jeanette McConnoughey
at (828) 270-5243**